



Honest Humility¹

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Examine yourselves, and only then eat of the bread and drink of the cup” (1 Corinthians 11:28). “. . . I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned” (Romans 12:3)

Reader 1.

Humility is a virtue. It is not a “natural” condition for human beings. Humility is a gift of God: it involves a process of becoming more aware of who God is, what he has done for me, what he can do through me if I become subject as his servant, and how my inadequacies make me totally dependent on him.

Reader 2.

Perhaps the slowest part of our developing humility is our dependency on God. It is hard to face up to our own inadequacy and acknowledge that our strength comes from God. “Happy are those whose strength is in you . . .” (Psalms 84:5)

Reader 3.

When we try to be humble the tendency is to develop a dishonest or unreal humility. We put on humility like putting on a coat. The coat catches the eye, for sure, but inside is the same old self.

Reader 4.

Honest humility begins inside. It acknowledges with thanksgiving that God is at work transforming me! God is liberating me from myself and from my limitations. He loves me. He hears me. He protects me. I am important to him. He sent his Son to die for my sins. I am his child.

Reader 5.

Honest humility includes the exciting awareness that God does his work in this world through people like me. Honest humility doesn’t hide its face in shame; it lets God’s glory show through.

¹ Worksheets for Atlantic Youth Conference workshop, 1977

Self-Assessment

(Do this part individually)

Am I a humble person?	yes	no	somewhat
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Do I want to be more humble?	yes	no	a little more
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Why would I be a better person if I were more humble?

Do I have anything to be humble about?

What strengths and good characteristics has God given me?

I am aware that God is changing me in these ways:

What do I need from others?

I can be useful to others in these ways:

THE FRUITS OF RIGHTEOUSNESS

What other words are similar to Righteousness?	Briefly define or give an example of each of your words	What does each word mean in relationships to other people? Explain.	Read these Biblical statements.	Which of your words does the statement suggest?
1. Example: Goodness	1.	1.	Colossians 3:12-17	-----
2.	2.	2.	James 3:13-18	
3.	3.	3.		-----
4.	4.	4.	Galatians 5:22-23	-----
5.	5.	5.	Ephesians 5:1-21	